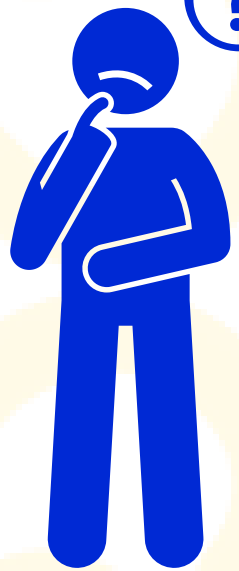


# Interactive group work webinars: Summer series

Each of our webinars have been designed to meet the needs of young people affected by the uncertainty around Covid-19, particularly those who were already vulnerable before the pandemic.

This 5-week series of webinars are interactive and use elements of storytelling, debating and artwork to increase trust and connection between participants and social and emotional wellbeing.

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1. Transition & uncertainty

2. Building confidence



3. Relationships & being connected



4. Wellbeing & Coping



5. Expression through Art.



**"Everything in  
this session  
was amazing" -  
Kaiser, 15**

**"Everyone was  
supportive and listened  
to each other's  
opinions and thoughts"  
- Jesse, 14**

**"It was good to be in a group with  
others and hear what they think" -  
Ruby, 16**